

St Andrew's

# ConnXions

February, 2019

CONNECTING US TO WORSHIP, MISSION AND EACH OTHER



## Begin Each Day with A Grateful Heart

Although we should all try to live this every day it is never more meaningful than around Valentine's Day when we honour all those who have and do touch our lives.

I remember the first Valentine's Day after my husband passed away, standing in front of all the cards, feeling somewhat sad. I didn't need to buy one for him that year. At the same time, I was again lifted up with strength because of faith, family and friends. There is much comfort from our community of caring at St. Andrews and at the end of the day we can feel loss but also strength. It is with a grateful heart that I hold so many wonderful memories of times with loved ones and friends, and for the love that God surrounds us with. Valentine's Day is indeed a time to say, "thank you for a life with so much love".

By Jean Sadler

**"Let us love one another, because love is from God; everyone who loves is born of God and knows God" – 1 John 4:7**

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## MEXICO MISSION TRIPS 2019

### HOMES OF HOPE

In March 2017 and 2018, members of St. Andrew's went to Mexico to work on the 'Homes of Hope' project near Tijuana Mexico.

Several Calgary Rotary clubs have partnered again with Grace Presbyterian Church and Youth with a Mission (YWAM). This year will be the groups' 15th trip to Mexico. Last year eight people from St. Andrew's attended. Participants are expected to arrive on their own in San Diego.

Participants meet at San Diego airport at 14:00 Thursday, March 07, 2019. The team is bused an hour to the YWAM campus in Mexico, a safe and walled mini university-like campus. Participants contribute US\$415 for their room, board and transportation while in Mexico. Participants will be bused back to the San Diego airport on Sunday morning March 10, 2019. The objective is to build five homes for five families.

If you are interested in this mission trip, please register using this unique link: <https://goo.gl/1BicsM> . If you have questions, contact Mark Rowe at [mjrowe@telus.net](mailto:mjrowe@telus.net).

### AMOR MISSION

Grace and Westminster Presbyterian Churches have organized a mission trip to northern Mexico south of Tijuana to build homes. Grace has been involved with house- building trips to Mexico since 2005. They have partnered with Amor, a Christian-based organization, to build houses.

The 11-day trip will leave Calgary on March 22 and return March 31. Participants will travel by rented vans to San Diego, where they will proceed to the Amor camp in Mexico by rented vans. There will be a limit of 45 participants.

The registration fee is \$200. Participants are actively encouraged to help raise the funds to pay for the trip and building materials. If insufficient funds are raised, the 2019 trip could be cancelled. Participants are also expected to participate in camp activities such as kitchen duties. Power tools will not be used, making it an appropriate trip for teenagers.

If you are interested in this mission trip, please register using this unique link: [www.amor.org/lacocina](http://www.amor.org/lacocina). If you have questions, contact Mark Rowe at [mjrowe@telus.net](mailto:mjrowe@telus.net).



Work In Progress



The grateful family

### Past Participants



Jayne Martin & daughter Amelia



Front Row: Duane & Pat Tritter. Back Row: Joan & Mark Rowe, Bill & Lynn Judd



## **FROM THE MINISTER'S DESK**

### ***EXPECT THE UNEXPECTED***

Rev. Dr. Tim Archibald

“Expect the Unexpected” has been our theme through this Season of Epiphany at St. Andrew’s. One of the unexpected things for our congregation in this season has been the conclusion of Cody Obst’s work in our midst as Music Director. Cody decided not to renew his contract as of January 1, 2019. Although further discussion through a facilitator was offered by Session, Cody has expressed his interest in moving on and feels called to something new.

For some in our community this is distressing and saddening news. Yet in the spirit of Christ’s love we are also asked to grant Cody the freedom he needs to make this decision, and also recognize with gratitude the many blessings that Cody has brought to the music ministry at St. Andrew’s through our partnership in ministry over these last 12 years. In the near future we look forward to offering a celebration of Cody’s ministry where we can express our gratitude and wish him the very best in the future. Further information will be shared as it becomes available.

“Expecting the Unexpected” this month has been teaching us as a congregation to see times when we feel “in over our heads” (Isaiah 43:1-7) as opportunities to surrender and allow God to take the lead and accomplish far more than we can ask or imagine. As at the Wedding in Cana (John 2:1-11), even when crisis happens—and the wine runs out—Jesus is there, and the celebration does not end, but continues, when Jesus creates the best wine yet. In our weakness, Jesus surprises us with extraordinary possibility.

I am excited to be your Lead Minister. And I am encouraged about the places where God is already at work in the renewal of our ministry at St. Andrew’s—and the possibilities that lie ahead. We begin 2019 heartened by an increase in attendance at weekly worship. Attendance at our Christmas services alone was up over 40 percent. Financial givings increased, and we finished the year with a surplus. God is good.

In the latter half of 2018 we welcomed a number of new families to our congregation. We look forward to the Celebration of Baptism and reception of new members at Easter—following our Faith Formation 101 Program during Lent. This weekly class is for those preparing for baptism, membership, or a renewed practice of faith. The weekly class will provide a safe space to explore, ask questions, and learn to practice faith on a deeper level. Classes are at 7 pm on Thursday nights, March 7 – April 11. If you are interested in participating, speak to me or add your name to the sign-up sheet at the volunteer corner.

When Jesus leads, we truly can expect the UN-expected.

Peace to you,

Dr. Tim, Lead Minister, St. Andrew’s, Calgary

## THE COLDEST NIGHT OF THE YEAR

- Have you ever been so cold that you couldn't wait to get home to warm up?
- Imagine if you had no home to go to in order to warm up.
- Join us on **Saturday, February 23** at 4:00 p.m. at the Eau Claire Market and experience what it may feel like to live on the streets, facing the elements.
- Choose from family-friendly 2 km, 5 km or 10 km walks. There will be rest stops with snacks on each route. Please prepare for the elements, taking note of the predicted weather. Wear good, walking, waterproof shoes or boots, a warm coat and mitts.
- Children 10 and under are free. If you are 12 or under, you must have a parent or guardian with you at all times. For those over 10, you may walk for as little as the \$25 non-refundable early bird registration fee (until Sunday, February 17). A registration table will be set up at St. Andrew's on Sunday, February 10 and on Sunday, February 17.
- On walk day, registration will begin at Eau Claire Market, 200 Barclays Parade SW, at 4:00 p.m. The opening ceremonies will take place at 5:00 p.m., when Mayor Nenshi will get us off and walking. The actual walks will begin at 5:15 p.m. Upon completing the walks, from 6:00 p.m. to 8:00 p.m., everyone will receive a warm, light meal.
- Enjoy the fellowship of friends and family and embrace the opportunity to get to know your fellow parishioners better.
- Share your gifts and your presence by showing that you, too, care for those less fortunate and help make a difference. Funds donated are shared with charities that serve hungry, homeless and hurting people in our community.
- For more information, please contact Jayne Martin at 403-255-4339 or iamjaynemartin@gmail.com.

## ABORIGINAL AWARENESS DAY

It may be the most interesting and fun event on the St. Andrew's 2019 calendar (other than the Christmas Bazaar of course) and there is still time to get involved. On **Saturday, May 25** the Mission Team at St. Andrew's, in co-operation with the Aboriginal Friendship Centre, will host an afternoon with Calgary's native neighbours. From storytelling with native elders to aboriginal arts and crafts to native dancing; it will all be in, and on the grounds of, St. Andrew's.

To make the day run smoothly, the team needs help. There are a variety of areas where the event needs either a manager or assistance. An important job opportunity is managing volunteers for the half-day. Since the event will use both the meeting rooms within the church as well as the grounds and parking lot outside, two people are needed, one to manage internal rooms and the second to look after grounds.

The goal of the event is to encourage cross-cultural understanding and to provide a little fun at the same time. For further information contact Brian Hawco, chairman of the event subcommittee, or any member of the Mission Team.

# Caring ConnXions

## WITH SYMPATHY

We extend out deepest sympathy to;

- ◆ The family of Samantha Bortnak who died in December.
- ◆ The family of Joan Margaret Packer (formerly Darker) who died January 13th.

## WITH THANKS

- Our family has been overwhelmed with gratitude for the love and support shown to us during these past few weeks. Many thanks to the Meal Train, as they fed 16-19 people for over a week. We still have some yummy leftovers. In deep appreciation, Sibbie Borden
- Joslyn and Ervin Hull wish to express their heartfelt gratitude to their church family for the many prayers, cards and the support in the sudden passing of my niece Jackie on November 4<sup>th</sup> 2018. Special thanks to Rev. Dr. Tim Archibald and Dolly Forcade for their visits and prayers. We are blessed to be part of a church that cares during difficult times. Blessings, Joslyn

## FAITH FORMATION 101

- ◆ A weekly class for the Season of Lent, preparing people for baptism, membership, or a renewed practice of faith
- ◆ A safe space to explore and ask questions
- ◆ An opportunity to learn and practice faith on a deeper level

Dates/Time: **7:00 pm ~ Thursday nights, March 7 – April 11**

If you are interested in participating in these classes, please add your name to the sign-up sheet at the volunteer corner. If you have any questions, please speak to Dr. Tim.

## AN INVITATION TO JOIN THE HAND BELL CHOIR

After hearing the Bell/Chimes choir over the month of December, are your fingers itching to join this choir and 'ring those bells'? If you are interested in joining, or would like more information, please be in touch with Marilyn Kish at 403-236-8973. This is an inter-generational choir, so it 'matters not' your age – you just need to love music!

## FILL THE FREEZER

Family Ministry and the CareShare Team are continuing to ask for help to - Fill the Freezer! We have a dedicated freezer in the Inner Hall for you to leave a frozen meal for someone who could benefit from the gift of a meal. Here's how it works: You bring a meal or baked goods, labelled with what it is, serving size, list of all ingredients, date made, and your name, to the Inner Hall at the church and place it in the freezer marked 'Family Ministry - Fill the Freezer'. Next - A member of the Ministerial, CareShare or Family Ministry Team will deliver your meal to a family in need. Questions? Please contact Joan Rowe at [mjrowe@telus.net](mailto:mjrowe@telus.net) or Stephanie Werle at [swerle@telus.net](mailto:swerle@telus.net).



## **ST. ANDREW'S PRESBYTERIAN CHURCH ANNUAL CONGREGATIONAL MEETING (ACM)**

**A reminder to all congregation members and adherents of the Annual Congregational Meeting (ACM) on Sunday, March 3 at 1:00 pm.**

**What is the ACM? This is our annual congregational meeting where we look back at 2018 and forward to 2019.**

St. Andrew's Annual Report 2018 will be available two weeks prior to the meeting. At the meeting the 2019 Budget will be presented, as well as other topics for discussion regarding church life at St. Andrew's.

**What you need to know about that Sunday:**

**There will be only one service starting at 10:30 am during which Communion will be served.**

Directly after the service a delicious and satisfying lunch of a variety of homemade soups and chilis, along with dessert, will be provided by the Ladies Guilds in Trinity Hall. There will be a free-will offering with proceeds to go towards sending our youth to the Canada Youth Conference in 2020.

A question box will be available at the welcome desk for two weeks prior to the meeting for any questions you may have. You may submit questions anonymously, but a contact name would be useful if the question needs clarification. During the ACM there will be additional opportunity to ask questions from the floor, and those from the question box will be addressed.

Prior to the ACM at 12:15 pm there will be opportunity to ask specific questions pertaining to the 2018 financials in the Upper Room, up to the time of the meeting.

### **SESSION HIGHLIGHTS – JANUARY 2019**

- South of Fish Creek: Rev. Jared is ready to start the next phase of the SFC project, along with his "discernment team", focusing on work in two areas: Auburn Bay/Seton, and Bridlewood/Somerset.
- Jayne Martin will soon begin training to become a Stephen Leader for St. Andrew's.
- Stewardship & Planning presented a 2019 operating budgets for St. Andrews and South of Fish Creek.
- We are very pleased that our Christmas attendance was up 43% from last year (2018: 400, 2019: 574).
- The Ladies Afternoon Guild are supporting an initiative called "Brown Bagging for Calgary's Kids" (BB4CK), which partners with Calgary schools to ensure that healthy lunches are provided to students who would otherwise go without a lunch, and sometimes go without breakfast. *Over 4,400 children are impacted each school day by lunches and snacks made and delivered to Calgary schools by volunteers working in BB4CK's downtown kitchen and in community kitchens across the city.*
- Rev. Jan's leave has been extended until the end of April. In the meantime, Rev. Christian Persaud will continue to work as our Interim Pastoral Care Leader.

Debby Dorcas, Clerk of Session

# Community ConnXions



## Invitation to Men's Fellowship Breakfast Annual ladies morning out—all ladies are welcome

All St. Andrew's men and women are invited to attend the next Men's Fellowship Breakfast in **Trinity Hall on Saturday, February 23, starting at 8:30 am**. Please join us and enjoy a delicious breakfast, warm fellowship, and an entertaining speaker. Our guest speaker is Jeromy Farkas, a familiar city councilor. Cost is only \$5.00 per person. Pre-register at the volunteer corner in the foyer, and invite your guests to join us.

**Kitchen duties (report for duty 7:15 am) - Team E – Craig Murray**

**Set-up and registration duties (report for duty 7:30 am) – Team B – Lloyd Allen**

## Men's Night: Axe Throwing—March 8



Save the date – March 8 – for another evening of axe-throwing fun! The Family Ministry Team is again holding this INTERGENERATIONAL men's fellowship event, so be there to see if you can de-throne the current champ (yours truly). We are starting at 8:00 pm; however, we will likely meet early for a beverage beforehand. The competition will be held at Bat! Axe, 2151 – 32 Street NE. The cost is \$43 per person and includes instruction, practice time, a round robin tournament and final play-off game. The evening lasts about two hours. Please contact Craig Murray at 403-371-4667 or [murraycraigjohn@gmail.com](mailto:murraycraigjohn@gmail.com) to book a spot --- limited space available!

## Take 150 – March 16<sup>th</sup>

The next installment of Take 150 will take place on Saturday, March 16, 2019 from 5:30 - 8:00 pm in Trinity Hall. This is a great chance for parents to enjoy a night out (think shopping, reading a book or even date night!) while the kids (kindergarten to grade 6 only) get a night in together at the church with dinner, games, friends and activities. It is always a great night, and we want your kids to invite a friend! Sign-up will be available early March so stay tuned for that. Take 150 is always looking for volunteers to help with kids' activities and the preparation and serving of dinner. If you are interested in offering your assistance, please contact Carolyn Jerrard at [cdjerrard2@gmail.com](mailto:cdjerrard2@gmail.com). Thank you!

## Children's Library

The Children's Library is found downstairs in the Church School hallway. More new books have just been added! The library has a variety of books from storybook Bibles to chapter and picture books and books for early-readers. We hope you will enjoy the new additions and take time to sign out and share a book with your children or grandchildren. Please kindly return books within three weeks. If you have suggestions for new books you would like to see added, please contact Stephanie Werle at [swerle@telus.net](mailto:swerle@telus.net) or 403-257-9604.

# Community ConnXions

## Health Matters: Fall Prevention In Our Community

Everyone is at risk for falling, so be falls-smart, prevent the falls before they happen! Seventy-five percent of all visits to an emergency department are fall-related, regardless of the season.

Plan ahead, avoid rushing and pay attention to what is in front and ahead.

Plan the time you do activities, especially if you have eyesight issues.

Watch for uneven surfaces, sidewalk cracks, unmarked curbs and slopes.

Take your time going up or down sidewalk curbs.

Use well-lit walkways and handrails when using stairs.

Watch for wet, slippery floors in public buildings or public transport. Try to avoid icy surfaces.

Wear good fitting footwear with non-slip treads on the soles, and invest in a pair of ice cleats.

**Paying attention, knowing where the hazards are allows us to avoid falling. Don't be a statistic!**

From your Nursing Team

### **Ladies' Night: Book Club – Save the Date!**

The first Book Club Night last fall was a great success, so I hope you will consider marking your calendar by “saving the date” and planning to join me for the next Ladies' Book Club Night on Friday, April 12, 2019 at 7:00 pm at the home of Carolyn Jerrard. The title will be announced in early February! This is an INTERGENERATIONAL event and open to all women. For more information, please contact Stephanie Werle at [swerle@telus.net](mailto:swerle@telus.net).

### **Meal Train**

Brought to you by CareShare and Family Ministry, Meal Train ([www.mealtrain.com](http://www.mealtrain.com)) is an easy way for us to let volunteers know that meals are needed for someone in our faith family. When a need is identified, volunteers receive an email with all the details (who is receiving the meals, allergies, delivery instructions, and dates meals are needed). As a volunteer, when you receive the email, you decide if you can help and select a date that works for you. It is an easy and effective way to organize meal delivery and it is convenient for volunteers to sign up to deliver meals when able. We need more volunteers who are willing to have their names added to the Meal Train fan out. For more information or to volunteer, please contact Joan Rowe at [mjrowe@telus.net](mailto:mjrowe@telus.net) or Stephanie Werle at [swerle@telus.net](mailto:swerle@telus.net) or add your name at the volunteer corner.

### **HERITAGE SENIORS**

February to July 2019 – Registration \$20

<b>Monday</b>	9:30 am	Aerobics
	10:30 am	Carpet Bowling
	10:30 am	Yoga
	12:30 pm	Bridge
<b>Tuesday</b>	10:00 am	Art Group
<b>Wednesday</b>	10:00 am	Music Makers
<b>Thursdays</b>	9:30 am	Aerobics
	10:30 am	Carpet Bowling
	10:30 am	Stretch

The February 4th Luncheon at 12 pm will enjoy a movie starring Mr. Bean

### Editorial Team of *ConnXions*

The Rev. Dr. Tim Archibald, Terry Zimmer,  
Linda Haines, Judie Coleman, Jean Sadler,  
and Debby Dorcas

Articles may be submitted in the mailbox  
in the Karl English Lounge or emailed to:  
[Communications@standrewscalgary.ca](mailto:Communications@standrewscalgary.ca)

**March 2019 ConnXions DEADLINE is:**  
**Sunday Feb. 17**

The editorial team may edit your  
submission due to space limitations.



# FEBRUARY VOLUNTEERS

## Greeters

**9:30 AM**

**11:15 AM**

## Ushers

**9:30 AM**

**11:15 AM**

February 3	Clayton & Shirley Howe	Barb English	Maureen & George Amos	Duane & Pat Tritter
February 10	John Young	Linda Bender	Bob & Annette Shaw	Rene & Gail Prevost
February 17	Brent & Stephanie Werle	Marlene LaMontagne	Don & Annika Koch	Alfred & Terry Zimmer
February 24	John Cuthbertson & Rhonda Wishart	Shirley Mutchler	Alfred & Lynn MacRae	Cam & Nancy Brown

## Welcome Desk

## Shepherds


February 3	Maureen & George Amos	Carol Olton	Duane Tritter	Ted Cantlon
February 10	Carol Olton	Gail Prevost	George Amos	Steve Henrichsen
February 17	Lynne Holmes	Shirley Allen	Joan Rowe	Mark Rowe
February 24	Sylvia Provan	Pat Pollard	Maureen Amos	

 703 Heritage Drive SW Calgary, Alberta T2V 2W4

 403.255.0001

 office@standrewscalgary.ca

 standrewscalgary.ca

 surgeyouthcalgary

 calgarystandrews

Lead Minister

Rev. Dr. Tim Archibald

TArchibald@standrewscalgary.ca  
(On Leave)

Associate Minister, Congregational Care

Rev. Jan Hazlett

JMiller@standrewscalgary.ca

Associate Minister, Family Ministry

Rev. Jared Miller

cpersaud@standrewscalgary.ca

Interim Pastoral Care Leader

Rev. Christian Persaud

(A Search Team is being discerned)

Director of Music

Debby Dorcas

DDorcas@standrewscalgary.ca

Executive Assistant

Dolly Forcade

DForcade@standrewscalgary.ca

Office Administrator

Britten Banerjee

communications@standrewscalgary.ca

Communications Co-ordinator

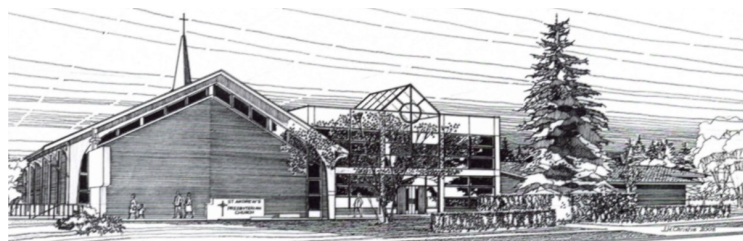
Alice Post

SidebySide@standrewscalgary.ca

Side-by-Side Co-ordinator

Emily Izett

Nursery Caregiver



# FEBRUARY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Food Bank 1:00 pm
3  Communion 9:30 & 11:15 am Adult Bible Study Inner Hall 9:30 am	4	5 Coffee & Conversation KEL 9:30 am S&P Facilities Team KEL 7:00 pm	6 Side X Side KEL 9:45 am Worship Team KEL 6:30 pm Hand Bells TH 7:30pm	7 Youth Group Upper Room 7:00 pm Choir Sanctuary 7:30	8	9 Food Bank 1:00 pm
10 WORSHIP 9:30 & 11:15 am Adult Bible Study Inner Hall 9:30 am	11 Christian Ed LF 7:00 pm Ladies Evening Guild KEL 7 pm	12 Coffee & Conversation KEL 9:30 am Stephen Ministry LF 1:00 pm Ladies Afternoon Guild KEL 1:30 pm Youth Meet with Moderator UR 6:30 pm S&P Team	13 Side X Side KEL 9:45 am S&P Leads KEL 7:00 pm Hand Bells TH 7:30pm	14  Youth Group Upper Room 7:00 pm Praise Team Practice Cancelled	15	16 Food Bank TH 1:00 pm
17 WORSHIP 9:30 & 11:15 am Adult Bible Study Inner Hall 9:30 am	18	19 Coffee & Conversation KEL 9:30 am Session UR 7:00 pm	20 Side X Side KEL 9:45 am Hand Bells TH 7:30pm	21 Youth Group UR 7:00 pm Choir Sanctuary 7:30 pm	22	23 Men's Breakfast (Ladies Invited) TH 8:30 am Food Bank TH 1:00 pm
24 WORSHIP 9:30 & 11:15 am Adult Bible Study Inner Hall—9:30 am	25	26 Coffee & Conversation KEL 9:30 am Stephen Ministry LF 1:00 pm Vision Task Force LF—6:30 pm Mission Team IH 7:00 pm	27 Side X Side KEL 9:45 am Hand Bells TH 7:30pm	28 Youth Group Upper Room 7:00 pm Choir Sanctuary 7:30		
<b>MARCH 3</b> <b>ACM</b> One Worship Service 10:30 am Lunch 11:45 am ACM Sanctuary 1:00 pm					IH = Inner Hall KEL = Karl English Lounge LH = Lower Hall LF = Lower Fireside TH = Trinity Hall UP = Upper	