

The logo for the Center for Loss & Life Transition is displayed in a serif font. The text "Center for Loss" is on the top line, and "& Life Transition" is on the bottom line. A registered trademark symbol (®) is located at the end of the second line. The logo is set against a white rectangular background.A decorative image of orange leaves on a branch, positioned to the right of the logo.

## **Dr. Wolfelt shares his “Companioning Philosophy” in Calgary**

Submitted by Rev. Geoffrey and Judie Coleman

McInnis and Holloway Funeral Homes and Heritage Funeral Services have been sponsoring Dr. Wolfelt to Calgary to share his “Companioning Philosophy” for many years.

Dr. Wolfelt’s compassionate approach of “companioning” versus “treating” mourners helps people to mourn well so they can live well and love well. His time with us will begin with an evening session for individuals and families who are grieving a loss. Dr. Wolfelt will help all of us understand how loss influences our lives, through storytelling and delicately expressed humour and hope.

The following morning Dr. Wolfelt will teach a workshop for our caregiving community. It will help anyone who wants to learn more about how to support those who have experienced loss.

Please join us for these complimentary seminars.

For more information about Dr. Wolfelt’s companioning philosophy, and to learn about courses and seminars, see his website: <https://www.centerforloss.com/trainings/#companioning>

### **Understanding Your Grief: Touchstones for Hope and Healing Tuesday, May 9 from 7 to 9 pm**

This program will help all of us understand how loss influences our lives.

### **Mourning Misconceptions: Helping Mourners Replace Harmful Norms with Healing Truths Wednesday, May 10 from 9 to 12 noon.**

For more information, and to register, please click on this link: <https://mhfh.com/special-events/>

Both events will be held at McInnis and Holloway’s Deerfoot South Location – 12281 – 40<sup>th</sup> Street SE at the Deerfoot South Campus – First Alliance in the Main Auditorium.