



GLOVES NOT GUNS

**WHAT: FREE boxing class for youth
ages 13-24**

**Where: Cardel Rec South
(333 Shawville BLVD SE) Cardel Court
Gym**

**When: Monday, November 10
4:00-5:30 PM**

**Questions : please contact Bianca @ 403-390-8972
or bsalamanca@growwithtrellis.ca**



CARDELREC
SOUTH