



My God shall be my strength

January 18, 2026 - 'My God shall be my strength'

Dillon Hausauer, Elder from St. Andrew's Lethbridge

Every servant of God reaches a moment when the results seem small, fragile, or futile. Yet flourishing does not depend on visible outcomes. It depends on God's faithfulness and the servant's alignment with God's call.

What happens when our strength runs out? Scripture reminds us that God often works most clearly through those who feel overlooked, weary, or weak. We see again and again that God's grace does not depend on human strength. In our weakness, God's power is revealed. This is an invitation to reflect on how God's strength is sufficient, even when the path is hard.

To prepare for this week, read: [Isaiah 49:1-7](#)

During Sunday Worship, here are activity sheets (based on our scripture reading)

for all ages and stages:

[3+](#)

[7+](#)

[Youth](#)

[Adult](#)

Please join us for in-person worship at 10:00 MST Sunday morning or use the link below which will be updated Sunday morning by 9:30 am to take you to our live streamed service.

[CLICK TO VIEW LIVESTREAM](#)