

A Free Companion Program for people living with advanced illness

The [Osten-Victor Living with Advanced Illness Centre](http://www.hospicecalgary.ca) [Osten-Victor Living with Advanced Illness Centre - www.hospicecalgary.ca](http://www.hospicecalgary.ca) works with individuals living with advanced illness and their families to facilitate connections and independence and promote quality of life. The program is intended for adults (18+) with a life-limiting diagnosis. People can sign up at the time of diagnosis or any time after. Some examples of a life-limiting diagnosis include Diabetes, Kidney Failure, Cancer, Alzheimer's, Dementia, and Parkinsons.

Companions are carefully matched with individuals and families to help them connect with people, resources, and services in their communities through a "best fit" family-centric approach. The program aims to help reduce stress and feelings of isolation in individuals, caregivers, and their families and promote an active role in living life to the fullest during illness.

IT'S FREE!

Check out the information and video at Companion Program - www.hospicecalgary.ca

Goals of the Companion Program:

- Enhance the quality of life for individuals and families facing any advanced illness.
- Provide support and encouragement through meaningful companionship.
- Assist clients in engaging in what is meaningful to them.
- Inform clients about appropriate resources in the community.
- Offer assistance with other practical supports.

The program includes a self-referral form located online here: [Companion Program - www.hospicecalgary.ca](http://www.hospicecalgary.ca)