

**Overview of Caregiver Support programs and resources in the Calgary Region
June 2026**

1. Family Caregiver Centre AHS Specialized Geriatric Services (excellent brochure available). People should probably start here, because there are four trained social workers on staff who can triage calls and identify resources.
Contact information: 403-955-1674
family.caregivercentre@ahs.ca
2. Hospice Calgary and the Advanced Illness Centre—especially their Companion Program
Contact information: 403-263-4525,
<https://www.hospicecalgary.ca/livingillness/companion/> or follow the online prompts
at <https://www.hospicecalgary.ca/about/counselling-intake/>)
3. [Jewish Family Service Calgary | Caregiver Support Programs](#) **Program eligibility:**
Family members, friends, or neighbours who live in Calgary and provide unpaid **care** to:
 - a. Seniors (55+) living with a chronic illness and/or disability, or
 - b. Individuals of any age living with dementiaSee also [Jewish Family Service Calgary | Caregiver Library](#)
4. Compass for Caregiving: [For Caregivers – Caregivers Alberta](#)